

	Drop-in Food Service	Extended Day Service (EDS)	Night Café (Freephone)	Showers	Needle Exchange	Doctor	Nurse	Dentist	Contact Work (1 work)	1- Counsellor (appointment)	Mental Health Team (referral)	Young Person Worker (18-25 years)
Monday	8am-9.30am 1.45pm-4.30pm	5.30pm-8.30pm	11pm-7.30am	8am-9.30am 1.45pm-4.30pm	8am-1pm 1.45pm-5pm 5.30pm-8.30pm	9am-12.30pm 2pm-4pm	9am-12.30pm and 2pm-4.30pm	9am-1pm (appointment) 1.45pm-4pm (drop in)	10am-12.30pm 1.45pm-4pm	9am-3pm	9am-8pm	10am-12.30pm 1.45pm-4pm
Tuesday	8am-9.30am 1.45pm-4.30pm	5.30pm-8.30pm	11pm-7.30am	8am-9.30am 1.45pm-4.30pm	8am-1pm 1.45pm-5pm 5.30pm-8.30pm	9am-12.30pm 2pm-4pm	9am-12.30pm and 2pm-4.30pm	9am-1pm (appointment) 1.45pm-4pm (drop in)	10am-12.30pm 1.45pm-4pm	9am-3pm	9am-8pm	10am-12.30pm 1.45pm-4pm
Wednesday	8am-9.30am 1.45pm-4.30pm	5.30pm-8.30pm	11pm-7.30am	8am-9.30am 1.45pm-4.30pm	8am-1pm 1.45pm-5pm 5.30pm-8.30pm	9am-12.30pm and 2pm-4pm	9am-12.30pm and 2pm-4.30pm	9am-1pm (appointment) 1.45pm-4pm (drop in)	10am-12.30pm 1.45pm-4pm	9am-3pm	9am-8pm	10am-12.30pm 1.45pm-4pm
Thursday	8am-9.30am 1.45pm-4.30pm	5.30pm-8.30pm	11pm-7.30am	8am-9.30am 1.45pm-4.30pm	8am-10am 1.45pm-5pm 5.30pm-8.30pm	9.30am-12.30pm 2pm-4pm	9.30am-12.30pm and 2pm-4.30pm	9.30am-12.30pm (Scripts/Naloxone Clinic)	1.45pm-4pm	1.45pm-3pm	1.45pm-8pm	1.45pm-4pm
Friday	8am-9.30am 1.45pm-4.30pm	5.30pm-8.30pm	11pm-7.30am	8am-9.30am 1.45pm-4.30pm	8am-1pm 1.45pm-5pm 5.30pm-8.30pm	9am-12.30pm and 2pm-4.30pm	9am-12.30pm and 2pm-4.30pm		10am-12.30pm 1.45pm-4pm	9am-3pm	9am-8pm	10am-12.30pm 1.45pm-4pm
Sat			11pm-7.30am									
Sun	8am-10am 1.30pm		11pm-7.30am		8am-10am 11am-1.30pm							

	Stabilisation Group	Outreach Team (referral)	Family Support Group	Pre-entry Group (High Park)	Client Forum	Acupuncture	Women's Group	Mens Haircuts	AA meeting	Art Therapy	English Class	Chiroprapist
Monday	1pm-4pm	8am-5pm								11am-12pm		9am-1pm 2pm-4pm
Tuesday	1pm-4pm	8am-5pm	Call Will 086812346 or Lynda 0861832343									
Wednesday	1pm-4pm	8am-5pm	Call Paul 0861740644			11am-12.30pm					2pm-3pm	
Thursday	1pm-4pm	8am-5pm										
Friday	1pm-4pm	8am-5pm			Call Mags 0861832351		10am-12.30pm	2pm-4pm	11am-12.30pm			