

Share your Wisdom in

The ***MQI Book of Love*** is a collection of stories and messages of hope and encouragement, written by you for MQI clients to read.

Your words, your story – your testament – a force for good through the generations.

Year after year, men and women in St. Francis Farm, High Park Rehabilitation Centres and the women who attend our dedicated female wellness centre - Jane's Place, will read your words of wisdom. As they take their first steps of their new lives, your story will comfort and inspire. This is your chapter in MQI's history – your outstretched hand to our clients.

Here are some prompts that might help you get started - feel free to begin your story however you wish...

♥ *If I could share one piece of wisdom it's this...*

♥ *Life will surprise you by...*

♥ *Never forget...*

Share your words of wisdom with MQI clients embarking on their new lives...

(Begin your message here)

[illegible]

Turn over for more space

This image shows a single sheet of white paper with horizontal blue ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

We will include your message in our **MQI Book of Love** anonymously.

Post your story back to us in the purple envelope enclosed. If you'd like any help contact Emma Murphy at **01 524 0139** or **emma.murphy@mqi.ie**.



Phone: 01 524 0139
www.mqi.ie